

# RIDDLE EVANGELISTIC ASSOCIATION

*To The Glory Of God. I Corinthians 10: 31*

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## HEALTH REPORT by Dale

December 2010

The good news is that I am still alive and feeling pretty good. The bad news is that according to the doctors I am still one sick puppy.

I still have the same issues with diabetes, high blood pressure, cholesterol, arthritis, hearing, atrial fibrillation (heart beating out of rhythm), sleep apnea, and I am still overweight. The newest is-sue I have encountered is a knee that wants to lock up on me. I take thirteen pills in the morning, one in the afternoon and eight at night. They tell

me to take the pills with food, but when you take that many pills in the morning you are not hungry anymore. Anyway, it appears that the pills might be working because I am

still above ground. If you are experiencing health issues, then you have a friend in me.

Go ahead and give me a call and we can talk about it. I can certainly give you some encouragement. I am not complaining, I am just reporting.

Life is good and I am having a ball in spite of all the health issues.

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