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## HEALTH REPORT by Dale

Dec 2012

I am alive and happy, but I am discovering new problems faster than the doctors can fix them. I am on a wheat free diet attempting to lose weight and lower my blood sugar. My blood sugar is improving, but I am as fat as ever. I would kill for just one huge cat-head biscuit. I am having some pain in my upper right side so the doctor is sending me for a test for gallstones this week even though I had my gallbladder removed 13 years ago. The doctor said it was rare but possible to create mystery gallstones. Now I am sure I believe in miracles because I am the only person I know that may have gallstones and not have a gall bladder.

I have been going to the skin doc for the past couple of years and my body is beginning to look like a patch work quilt. He finds some type of pre-cancer thing to cut off me every time I have a check up. At this rate if I live to an average lifespan of 77, about 10 more years, there will be no need for a cremation because there will not be enough left of me to burn. Pray for me because I am slowly going away in little pieces.

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